

Special Issue

Female Athlete Health in Training and Sports Performance

Message from the Guest Editors

This Special Issue aims to examine sex differences in performance, including preparation and recovery modalities. Broadly, this Special Issue is seeking original submissions that: (1) Use sound scientific design to distinguish differences between phases of the menstrual cycle and/or natural vs. hormonal contraception cycles on performance; (2) Investigates sex differences (from molecular through to whole-body scales) in athletic performance; and (3) Best practices for designing, implementing, and/or evaluating sex-specific training modalities. Special interest will be given to innovative submissions that expand and build upon optimizing performance and recovery between sexes. Other manuscript types of interest include relevant position papers, brief reports, and commentaries.

Guest Editors

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Deadline for manuscript submissions

closed (30 November 2022)



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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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