

## Special Issue

# Exercise Training and Patients' Rehabilitation

### Message from the Guest Editor

Physical activity is recognized as crucial in the prevention of chronic diseases including type 2 diabetes, heart diseases, and some cancers. In addition, it is also absolutely relevant as a rehabilitation strategy for the treatment of certain diseases, including acute conditions such as hip fracture. In this context, exercise training can benefit patients indirectly by its positive effects on comorbidities and some patient's outcomes, rather than on the primary disease, as it is observed for patients with type 1 diabetes, chronic obstructive pulmonary disease, arthritis, and chronic kidney disease. It is important to understand 1) how to create attractive exercise training interventions to involve as many patients as possible and 2) how to improve adherence to exercise training interventions so to induce long-term changes in patients' lifestyle. This Special Issue welcomes papers that present new research on physiological and/or patient-reported outcomes related to rehabilitation, especially studies that are based on clinically relevant interventions.

### Guest Editor

Dr. Stig Molsted

1. Research Department, Nordsjællands Hospital, 3400 Hillerød, Denmark
2. Department of Clinical Medicine, University of Copenhagen, 1165 Copenhagen, Denmark

### Deadline for manuscript submissions

closed (15 June 2022)



## International Journal of Environmental Research and Public Health

an Open Access Journal  
by MDPI

CiteScore 9.8  
Indexed in PubMed



[mdpi.com/si/72813](https://mdpi.com/si/72813)

*International Journal of  
Environmental Research and  
Public Health*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)





# International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 9.8  
Indexed in PubMed



[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)



## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

---

### Editor-in-Chief

Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,  
Australia

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

#### Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)