

Special Issue

Exercise Training and Patients' Rehabilitation

Message from the Guest Editor

Physical activity is recognized as crucial in the prevention of chronic diseases including type 2 diabetes, heart diseases, and some cancers. In addition, it is also absolutely relevant as a rehabilitation strategy for the treatment of certain diseases, including acute conditions such as hip fracture. In this context, exercise training can benefit patients indirectly by its positive effects on comorbidities and some patient's outcomes, rather than on the primary disease, as it is observed for patients with type 1 diabetes, chronic obstructive pulmonary disease, arthritis, and chronic kidney disease. It is important to understand 1) how to create attractive exercise training interventions to involve as many patients as possible and 2) how to improve adherence to exercise training interventions so to induce long-term changes in patients' lifestyle. This Special Issue welcomes papers that present new research on physiological and/or patient-reported outcomes related to rehabilitation, especially studies that are based on clinically relevant interventions.

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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