

Special Issue

Impact of Exercise and Sports on Health

Message from the Guest Editor

Sedentary behaviour is one of the biggest health issues facing society. Inactivity is associated with increased risk for a number of diseases, such as type 2 diabetes, cardiovascular disease, cancer, and dementia. We are seeking research papers examining the impact that exercise or sport interventions can have on the health and wellbeing of a population, for example, research papers examining general population disease risk, specific disease populations, and ageing. Such research papers should look to explore clinically relevant endpoints and/or impact on quality of life.

Guest Editor

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Deadline for manuscript submissions

closed (31 December 2022)



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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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