

## Special Issue

# Exercise and Nutritional Approaches to Combat Cancer-Related Bone and Muscle Loss

### Message from the Guest Editors

Bone and muscle loss are prevalent in people with cancer and occur at rates of up to 10 times than usual age-related losses observed in people without cancer. The implications of bone and muscle loss are significant for people living with a cancer diagnosis. Currently, pharmaceutical treatment is not available to prevent or treat cancer-related muscle loss, meaning lifestyle interventions, through nutrition and exercise, are extremely important. Although pharmaceutical treatment is available and recommended for cancer-related bone loss, lifestyle interventions remain important to reduce the risk of falls and fractures.

Research in the field of exercise and nutrition interventions to counter bone and muscle loss is advancing; however, further research is required to determine the full potential of these lifestyle interventions. Papers addressing nutrition and exercise in relation to bone and muscle loss are invited for this Special Issue. Systematic reviews, meta-analyses, and studies reporting interventions, investigating contributing factors, and those with a practical focus on implementation in practice are welcome.

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### Guest Editors

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### Deadline for manuscript submissions

closed (28 February 2022)



## International Journal of Environmental Research and Public Health

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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

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