

Special Issue

Exercise and Metabolic Health among Women

Message from the Guest Editor

Menopause may contribute to metabolic dysfunction in women. As opposed to andropause, which occurs in less than 10% of middle-aged men, changes in the sex hormone environment during the menopause transition could be a strong determinant of metabolic dysfunction in women. Cross-sectional studies have reported that lean mass is lower in postmenopausal compared to premenopausal women. However, it is unknown whether metabolic parameters including mitochondrial function in skeletal muscle and microbiome differ across the stages of the menopausal transition, specifically during the early- to late-perimenopausal years.

Guest Editor

Dr. Young-Min Park

Division of Health and Kinesiology, Incheon National University, Incheon 22012, Republic of Korea

Deadline for manuscript submissions

closed (30 September 2022)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/95635

*International Journal of
Environmental Research and
Public Health*

Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)