

Special Issue

Evidence-Based Nature for Human Health

Message from the Guest Editors

Health is a state of complete physical, mental, and social well-being, not merely the absence of disease or infirmity. For modern people, it is not easy to stay healthy because of many reasons such as stress, environmental pollution, urbanization. Complementary and alternative medicine is the term for medical products and practices that are not part of the standard medical care. Especially, nature-based complementary and alternative medicine is necessary for maintaining homeostasis, which is the ability or tendency of an organism to maintain internal stability, compensating for environmental changes. Also, nature-based complementary and alternative medicine improves or recovers health. Nature-based complementary and alternative medicine includes horticultural therapy, forest therapy, care farming, natural products with therapeutic effects, etc. This Special Issue seeks papers about the health benefits of nature-based complementary and alternative medicine established by using scientific research methodology and evaluation.

Prof. ChoongHwan Lee

Guest Editors

Prof. Dr. Sin-Ae Park

Prof. Dr. Choong Hwan Lee

Dr. Chorong Song

Deadline for manuscript submissions

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

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