

Special Issue

Assessing, Evaluating and Changing Health Behaviours Using IT-based Tools (e- & mHeath)

Message from the Guest Editor

The focus of this special issue is on using e- & mHealth tools (e.g., websites, apps, chat bots, conversational agents, JITAIs, artificial intelligence, trackers, social media) to measure, examine or change health behaviours (e.g., physical activity, sedentary behaviour, sleep, diet, mental health, weight, smoking). I'm particularly interested in innovative approaches to using e- & mHealth tools to (e.g., applying artificial intelligence) change health behaviours, even if the work is in early stages (i.e., pilot studies), as such, all study designs are welcome. Though note that research replicating previous work will need to be of higher methodological quality than research exploring new frontiers. Please feel free to contact me and ask whether your proposed study is within the scope of the special issue.

Guest Editor

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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