

Special Issue

Diet and Physical Activity Behaviors among Rural Populations

Message from the Guest Editors

A disparity in obesity prevalence exists between rural and urban populations in the United States. Examining the diet and physical activity behaviors of rural populations, along with how the rural environment contributes to those behaviors, will help in providing context for rural-focused health promotion and disease prevention efforts. This Special Issue will highlight studies that focus on the unique issues surrounding diet and physical activity behaviors among rural populations. In particular, we are interested in research conducted across the spectrum of what is defined as rural, both geographically and population-wise. We are also especially interested in work that compares rural and urban populations and contains high-quality diet and physical activity data. The rural environment is broadly defined and may include settings such as the home, school, community, or broader region. We will consider a variety of research papers, including reviews, observational studies, and intervention or implementation trials. We look forward to your submissions.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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