

Special Issue

Lifestyle Interventions to Prevent Cognitive Impairment, Dementia and Alzheimer's Disease

Message from the Guest Editors

The cost of dementia to public health is staggering, and care for individuals with impaired cognitive status due to aging-related diseases is growing with the growth of the aging population. The purpose of this submission is to disseminate information about how healthy lifestyle choices (including reports of direct interventions) can help delay or reverse the effects of cognitive decline. We encourage your submission to this Special Issue, as we think that you would provide a valuable contribution, due to your expertise as interventionists and thought leaders in the promotion of low-cost, high-impact methods to decrease the incidence and overall societal impact of diseases of declining cognition. Studies and methods directed towards the reduction of sedentary behavior and the increase of resting metabolism in older adults are particularly sought after for this collection. Outreach studies involving rural interventions and the vital impact of telehealth to promote healthy living are especially welcome in this Special Issue.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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