

Special Issue

Cardiovascular Disease Self-Care Interventions

Message from the Guest Editors

We are launching a Special Issue on “Cardiovascular Disease Self-Care Interventions” in the *IJERPH*. The number of individuals with cardiovascular disease, which is the primary cause of mortality and morbidity in the general population, has increased worldwide. Several risk factors, including obesity, diabetes, hypertension, dyslipidemia, chronic kidney disease, and smoking, have been shown to accelerate the progression of cardiovascular disease. While medication is the one of the methods of treatment, self-care interventions, including nutrition therapy and exercise, are important to the prevention of cardiovascular disease. Self-care interventions also include the use of devices, diagnostics, and digital products. Self-care is defined as the ability of individuals and communities to promote health, prevent disease, maintain health, and cope with illness with or without the support of a health worker. This Special Issue welcomes original research articles either highlighting self-care interventions for cardiovascular disease or providing new clinical data related to risk factors for cardiovascular disease in daily life.

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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