

Special Issue

Body Image, Disordered Eating and Mental Health in Adolescence

Message from the Guest Editors

Eating pathology and depressive symptoms increase during adolescence, yet predictive pathways remain predominantly unexplored, despite their implications for prevention. Body dissatisfaction amongst children and young people is a serious global concern in its own right, but is also a risk factor for later depression and disordered eating, both of which are major public health issues.

Globally, 20% of children and adolescents are diagnosed with a mental health condition, and young people's mental health is an increasing concern in light of the Covid-19 pandemic. It is also likely that social conditions since the pandemic have exacerbated eating disorders, with increased restricting and binge-eating behavior reported in the general population. Qualitative work reports that lockdown measures have increased feelings of anxiety and led to an increase in disordered eating symptoms.

This Special Issue of the International Journal of Environmental Research and Public Health (IJERPH) will focus on research that considers the complex relationships between body image, disordered eating and mental health in adolescents.

Guest Editors

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Deadline for manuscript submissions

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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