

## Special Issue

# Advanced Research in Body Image, Eating Disorders, and Mental Health

### Message from the Guest Editors

Eating disorders are serious health conditions that involve persistent difficulties related to eating behaviour, and inappropriate behaviours for the control of body weight and shape. Body image problems are a central feature of eating disorders, and a risk factor for both the development and relapse in eating disorders. Eating disorders and body image-related difficulties have a complex aetiology, are thought to occur in a continuum, and negatively impact physical health and psychosocial functioning. Although cognitive behaviour therapy is the treatment of choice for eating disorders, the high levels of relapse and dropout, and the low rates of remission, call for the investigation of new therapeutic approaches. Further research on the assessment and understanding of the development of body image and eating behaviour problems, comorbidity issues, as well as therapeutic processes and treatment outcome trajectories, is required to develop effective interventions. This Special Issue invites the most recent research on assessment of risk factors for body image problems and eating disorders, their impact on mental health, and advances in their prevention and management.

### Guest Editors

Dr. Cristiana Duarte

Dr. Stanley R. Steindl

Dr. Nicola Buckland

### Deadline for manuscript submissions

closed (16 May 2023)



## International Journal of Environmental Research and Public Health

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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