

Special Issue

Bladder Health in Women

Message from the Guest Editor

A Special Issue on women's bladder health is timely given the prevalence of lower urinary tract symptoms (LUTS) in women. Despite their prevalence, many women do not seek help for LUTS. Until recently, LUTS interventions at the individual level have been the main research focus, but a paradigm shift is occurring as multi- and trans-disciplinary research efforts are identifying multi-level socio-ecological factors that may act as risk or protective factors of bladder health, which may lead to LUTS prevention and bladder health promotion interventions. Recent research has provided evidence that the environment plays a significant role in women's behaviors related to emptying their bladders. Some women avoid public restrooms or are unable, due to external constraints, to urinate in a timely manner while at work or school. In this Special Issue the emphasis is on the role of physical and social environments, access to and adequacy and availability of toilet facilities, and the influence of culture, public and institutional policies, group norms, common beliefs, attitudes, and behaviors on the bladder health of women of all ages.

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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