

## Special Issue

# Anxiety, Depression and Stress in Pregnancy: Effects of Women

### Message from the Guest Editors

Pregnancy is a time of very dynamic change to a woman's body function and mental well-being. This period is often portrayed as a time of great joy and happiness; however, this is not the case for all women. Some women are vulnerable to stress, a high level of anxiety and/or depression during pregnancy and in the postnatal period. Risk factors, including a high-risk pregnancy and pregnancy complications, e.g., biological, psychological or socio-cultural, can increase the symptoms of depression or anxiety and have adverse impacts on maternal and child outcomes. For this Special Issue of *IJERPH*, this will focus on the difficulties and issues related to health and illness across pregnancy as well as in the post-delivery period. We cordially invite authors to submit original research, case studies and review articles that address major gaps in the existing body of research or provide an in-depth analysis of the present state of knowledge. Both qualitative and quantitative studies and reviews will be considered.

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### Guest Editors

Prof. Dr. Mariola Bidzan

Dr. Łucja Bieleninik

Dr. Karolina Lutkiewicz

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### Deadline for manuscript submissions

closed (31 July 2021)



## International Journal of Environmental Research and Public Health

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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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### Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

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