

Special Issue

Alternative Management of Common Musculoskeletal Disorder

Message from the Guest Editors

Conventional physiotherapy and exercise/training interventions have been widely explored in the management of musculoskeletal disorders. Furthermore, evidence-based clinical practice suggests that the combination of both interventions can lead to the best results. However, the therapeutic approach must respond to the demands of our changing society, especially in this global scenario. The influence of social media, new technological devices, and the access to information of patients require an in-depth exploration of the feasibility of the novel approach in the management of musculoskeletal disorders.

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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