

Special Issue

Age-Related Sarcopenia, Obesity and Inflammaging: Effects of Physical Activity and Nutrition

Message from the Guest Editors

We are pleased to announce that the upcoming Special Issue of the *International Journal of Environmental Research and Public Health* will be titled "Age-Related Sarcopenia, Obesity and Inflammaging: Effects of Physical Activity and Nutrition". The overall life expectancy of the human population is rapidly increasing worldwide and the average age is rising at an accelerating rate. With aging, there is an increased risk of unfavorable changes in body composition, including a decrease in muscle quality and quantity (key elements in the diagnosis of sarcopenia) and an increase in fat mass (obesity). The two conditions can coexist as sarcopenic obesity, and they can even be masked by a normal body mass index. Sarcopenia and obesity are associated with several health-related adverse effects, with an important socioeconomical burden.

Guest Editors

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Prof. Dr. Agustín Aibar Almazán

Deadline for manuscript submissions

closed (28 February 2023)



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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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