Joint Special Issue
Advances in E-mental Health

Message from the Guest Editors

In recent years, a substantial body of evidence has been gathered on the efficacy of e-mental health approaches in improving clinical outcomes, treatment adherence, and healthcare sustainability. Yet, e-mental health research remains limited, and technology-enabled mental health interventions remain behind in translation to clinical practice. The upsurge of the COVID-19 pandemic expedited the creation of various digital or hybrid services, enabling timely psychological assessment, crisis support delivery, and the continuity of mental healthcare provision, especially during lockdowns. The current Special Issue aims to contribute to disseminating the most recent advances regarding e-mental health good clinical practice, training, delivery, and impact on clinical and economic outcomes. Papers addressing digital technologies for mental healthcare purposes, focusing on e-mental health policy, training, intervention, assessment, and implementation, are invited to contribute to this Special Issue. A range of study populations, intervention modalities (e.g., unguided, guided, blended-care interventions), and research methods are welcome in this Special Issue.

Guest Editors

Prof. Dr. Artemisa Rocha Dores

1. Center for Rehabilitation Research, School of Health, Polytechnic Institute of Porto, 4200-072 Porto, Portugal
2. Laboratory of Neuropsychophysiology, Faculty of Psychology and Education Sciences, University of Porto, 4200-135 Porto, Portugal

Dr. Cristina Mendes-Santos

Fraunhofer Portugal AICOS, Alfredo Allen 455, 4200-135 Porto, Portugal

Deadline for manuscript submissions

closed (31 December 2024)

MDPI