Special Issue

New Advances in Cardiovascular Nutrition

Message from the Guest Editors

One-third of all deaths are caused by cardiovascular diseases (CVDs), which are among the most common causes of death not only in Europe but globally. There is no doubt that nutritional status and CVDs are interrelated. The nutritional status in CVD patients is undoubtedly related to their quality of life, risk of rehospitalization, prolonged hospitalization, complications, and increased risk of death during inpatient treatment. Consequently, disease-related malnutrition significantly increases medical costs, and its importance in the course of the disease remains underappreciated. Potential topics for this Special Issue include but are not limited to novel methods of nutritional assessment, malnutrition, overweight and obesity, personalized nutrition, dietary requirements and dietary patterns, lengths of hospitalization, and inhospital and long-term mortality.

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers.

Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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