Special Issue

Mental Health of Children and Adolescents: Tackling the Consequences of Major Crises

Message from the Guest Editor

The COVID-19 pandemic—now two years old and having had far-reaching restrictions on daily life almost everywhere in the world-has shown us how much the mental and physical health of our children and adolescents depend on the continuity of educational services, social participation, exchange with like-minded people, opportunities for exercise and leisure, and a stable living environment. The incidence of impaired well-being, escalating to mental illnesses, has increased significantly under pandemic conditions. In addition, conflicts continue to emerge in various regions of the world, leading to flight and displacement and exposing children and adolescents to traumatic experiences. Early and low-threshold counseling and care services are needed to identify mental disorders at an early stage and to be able to intervene in a low-threshold manner. This is the only way to preserve developmental opportunities and prevent long-term disorders that limit lifelong social and occupational participation.

Guest Editor

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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Editor-in-Chief

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