

## Special Issue

# Academic and Emotional Determinants of Perfectionism

### Message from the Guest Editors

The frenetic pace of life today and excessive levels of competitiveness and meritocratic culture can create a fertile terrain for the emergence of perfectionist tendencies. Perfectionism is considered to be a multidimensional and multicausal trait of personality associated to the development and maintenance of a large amount of psychological problems and disorders. Recent studies show high rates of maladaptive perfectionism even in the young population, and they warn that it is a problem that, instead of decreasing, appears to be growing. Currently, it is a well-known fact that perfectionism is not just a problem of the adult world but is present from an early age. In the same way, its impact goes beyond the clinical population and also generates psychological anguish in the general population, seriously disrupting their emotional wellbeing and the development of different important areas, such as the academic field. This Special Issue is open to the submission of theoretical, meta-analytical, and empirical (either qualitative or quantitative) papers focused on the emotional and/or the academic impact of perfectionism.

### Guest Editors

Dr. José M. García-Fernández

Dr. Maria Vicent

Dr. Ricardo Sanmartín

Dr. Carolina González

### Deadline for manuscript submissions

closed (31 December 2021)



## International Journal of Environmental Research and Public Health

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CiteScore 8.5  
Indexed in PubMed



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*International Journal of  
Environmental Research and  
Public Health*  
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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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