Special Issue

Sport Medicine and Physical Health

Message from the Guest Editors

Human movement is vital to maintaining good levels of global health. In a period marked by social distancing and new behaviors, promoting new debates about physical health and sports participation is fundamental and deserves special attention in terms of public health. Therefore, this edition invites the submission of articles involving aspects related to: (i) physical health, which indirectly or directly impacts people's lives, whether in terms of quality of life, behavioral changes, the process of human growth and development, or the biological and mental health aspects of individuals; and (ii) sports medicine, with a focus on promoting physical and sports exercise, involving recreational and performance practice, barriers to sports practice, treatment, and prevention of injuries related to sports and exercise, as well as biological and environmental aspects involved with sports medicine.

Guest Editors

Prof. Dr. Cézane Reuter

Dr. Caroline Brand

Dr. Ryan D. Burns

Deadline for manuscript submissions

closed (31 January 2024)



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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

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