

Special Issue

Psychological Health and Wellness Among Healthcare Professionals

Message from the Guest Editor

The mental health of healthcare professionals and their well-being in the workplace are topics that are receiving increasing international attention. To date, the aetiopathogenesis of burnout represents a complex and multifactorial phenomenon in which individual, professional, social, and family components can influence the mental health of healthcare professionals. Indeed, the effects of work-related stress can influence the occurrence of anxiety and depression, distress, lower work performance, detachment, and hostility. Additionally, working in a healthcare environment where individuals are under constant pressure can change the way in which one relates to others and affect one's ability to interactively regulate, symbolise, and mentalise affect. In light of these considerations, it is necessary to enhance research through projects that take into account, in an integrated manner, the various intrapsychic, interpersonal, familial, occupational, and social components that can affect the mental health of health professionals. In this way, it will be possible for health services to better structure targeted health promotion measures.

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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