

Special Issue

Mental Health and Wellbeing in High-Risk Occupational Groups

Message from the Guest Editors

It is commonly known that workers in different occupational groups face varying and often unique challenges, with high-risk occupations traditionally being considered first responders, healthcare workers, and combat personnel because they frequently expose workers to traumatic events, high levels of stress, and long hours. For all organisations employing high-risk occupational groups, it is essential to recognise the unique stressors that individuals face and take proactive steps to support their mental health and wellbeing.

This Special Issue of the International Journal of Environmental Research and Public Health (IJERPH) focuses on advances in our understanding of the workplace hazards that give rise to occupational groups being at high risk for poor mental health and wellbeing. Submissions dealing with innovative organisational interventions to control the unique hazards faced by high-risk workers, as well as interventions to promote the flourishing aspects of work, are also welcome, especially those combining forward-looking, dynamic, and organisation-wide mental health programs with prominent intervention theories.

Guest Editors

Dr. Rebecca Loudoun

Centre for Work, Organisation and Wellbeing, Griffith University,
Nathan, QLD 4111, Australia

Prof. Dr. Keith Townsend

Centre for Work, Organisation and Wellbeing, Griffith University,
Nathan, QLD 4111, Australia

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Editorial Office

MDPI, Grosspeteranlage 5

4052 Basel, Switzerland

Tel: +41 61 683 77 34

ijerph@mdpi.com

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,
Australia

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