

Special Issue

Women's Mental Health: A Framework for Its Assessment, Prevention, and Promotion in Health Care Settings

Message from the Guest Editors

In the last decade, the general consideration of women's mental disorders has been limited to some attempts aimed at promoting mental health. However, it is important to consider subjective well-being factors connected with cultural, environmental and personality aspects. Furthermore, in the developmental life of a woman, important risk factors can be highlighted such as the postpartum period and pregnancy, where the vulnerability to psychological distress increases in women and couples. Another important risk factor for women is the experience of menopause; in fact, this condition is very complex, and psychological support is necessary for the management of this experience.

The psychological assessment and prevention of women's mental health brings attention to the female condition, which is currently affected by a greater attention to the quality of couple's life as well as important social educational aspects in the prevention and recognition of psychological and physical violence.

Women's support frameworks can have an important role in the prevention of mental diseases, especially in relation to sub-threshold conditions that do not reach clinical observations.

Guest Editors

Prof. Dr. Carmela Mento

Biomorf Department, University of Messina, Psychiatric Unit Policlinico Hospital, via Consolare Valeria 1, 98122 Messina, Italy

Dr. Maria Catena Silvestri

Psychiatric Unit Policlinico Hospital Messina, University of Messina, 1-98122 Messina, Italy

Deadline for manuscript submissions

closed (10 October 2021)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 9.8
Indexed in PubMed



mdpi.com/si/44551

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,
Australia

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