

## Special Issue

# Advancing Youth Mental Health: Innovations, Integration, and Equity

### Message from the Guest Editor

Mental health disorders are a leading cause of disability in young people worldwide. Yet, many remain underdiagnosed and undertreated. Integrating and streamlining mental health assessments and interventions into broader health initiatives are essential to addressing these challenges. Optimizing digital technology could significantly enhance the reach and effectiveness of mental health services, particularly in low-resource settings. Addressing comorbidities, such as substance abuse, anxiety, depression, and chronic physical conditions, through integrated care models is crucial to the achievement of holistic health outcomes. Furthermore, social determinants of health—such as socioeconomic status, education, and environmental factors—play a significant role in mental health. Enhancing the equity of access to mental health services is imperative to ensure that marginalized and underserved populations receive adequate care. By advancing adolescent and youth mental health within the global health agenda, this Special Issue aims to highlight the importance of inclusive and comprehensive approaches to mental health prevention, care, and treatment.

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### Guest Editor

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### Deadline for manuscript submissions

30 June 2026



## International Journal of Environmental Research and Public Health

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CiteScore 8.5  
Indexed in PubMed



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Environmental Research and  
Public Health*  
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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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### Editor-in-Chief

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