

Special Issue

Food Consumption, Nutrition and Public Health in Scarce Resource Communities

Message from the Guest Editor

Malnutrition is currently a major public health problem, particularly in scarce resource communities. The factors fanning this health problem are multifaceted. For example, in low-socioeconomic environments, food choices are limited to diets of low dietary diversity scores and inadequate nutritional value. Malnutrition is more detrimental to vulnerable population groups such as young children, who require optimal nutrition to develop into normal adulthood. Additionally, misperceptions of healthy weights, often shaped by cultural beliefs, lead to unhealthy habits of low quality food consumption. Thus, strategies targeting these wrongful beliefs and perceptions are recommended.

Guest Editor

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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