

Special Issue

Joint Movement and Skeletal Muscle Health

Message from the Guest Editor

Joint and muscle health is an important factor that enables not only athletes to achieve their ideal performance, but that also supports individual physical activity. However, due to sports injury, trauma, or aging, the health of joints and muscles is weakened, and physical and mental difficulties are accompanied by limited activity and weakened functions. Appropriate treatment and systematic rehabilitation is needed for these patients in order to help them return to daily activities, recreation, and sports activities. This Special Issue is focused on the damaged joint condition and the function of restoration. In addition, it aims to present scientific approaches and research results on the restoration of muscle and joint health through various rehabilitations and applications.

Guest Editor

Dr. Yong Hwan Kim

Department of Physical Education, Gangneung-Wonju National University, Gangneung 25457, Republic of Korea

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Editorial Office

MDPI, Grosspeteranlage 5

4052 Basel, Switzerland

Tel: +41 61 683 77 34

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,
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