

## Special Issue

# The Emerging Role of Sedentary Behaviour in the Health of Youth and Young Adults: Should There be a Recommended Threshold of Sedentary Behaviour Permissible?

### Message from the Guest Editors

Sedentary behaviour is associated with poor health outcomes. There is a need to direct research efforts towards determining whether there is a specific maximum volume of sedentary behaviour that is recommended to avoid detrimental health effects. The aim of this special issue is to contribute to a better understanding around the relationship between the volume of sedentary behaviour and links to health in youth and young adults. We encourage researchers who are interested in this Special Issue to contact us at [chrismanms@umkc.edu](mailto:chrismanms@umkc.edu) and [L.M.Boddy@ljmu.ac.uk](mailto:L.M.Boddy@ljmu.ac.uk).

### Guest Editors

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### Deadline for manuscript submissions

closed (30 September 2021)



## International Journal of Environmental Research and Public Health

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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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