

Special Issue

New Advances in Sports Performance and Health across the Lifespan

Message from the Guest Editors

Exercise and sports science have a deep impact across the lifespan, affecting health and sports performance. This Special Issue is interested in the potential effects of aging on health and physical performance and also how physical exercise can affect age-related variables. We are inviting high-quality articles involving exercise testing, physical training prescription, physiological profile of athletes of different age-groups, performance analysis, novel exercise testing methods, and age-related cohorts for this Special Issue of the *International Journal of Environmental Research and Public Health*.
Dr. Samuel da Silva Aguiar

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Deadline for manuscript submissions

closed (31 January 2023)



International Journal of Environmental Research and Public Health

an Open Access Journal
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CiteScore 8.5
Indexed in PubMed



mdpi.com/si/82377

*International Journal of
Environmental Research and
Public Health*

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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