

## Special Issue

# Work Psychology and Occupational Health: 2nd Edition

### Message from the Guest Editor

COVID-19 has significantly impacted workers' health, especially mental health. Even after the pandemic, studies show its lasting effects, often termed "Long COVID." Research on COVID-19's impact on workers and companies—particularly psychological effects and coping strategies—remains crucial. This Special Issue explores (1) measures taken to protect workers' mental health, (2) the areas in which working environments have returned to their pre-COVID states as a result of the pandemic being largely over, and (3) new changes that have been brought about in the working environment as a result of the pandemic, i.e., areas that will never return to their pre-COVID states in the future. Key topics include increased stress, coping strategies, psychological impacts like loneliness, and shifts in communication and socialization. We also examine organizational and individual strategies to address stress and isolation. Additionally, we consider workplace changes such as reduced hours, layoffs, unemployment, teleworking, online work, and the growing need for self-care as a stress-coping mechanism.

---

### Guest Editor

Prof. Dr. Masahito Fushimi

Akita University Health Center, Akita University, 1-1 Tegatagakuen-machi, Akita 010-8502, Japan

---

### Deadline for manuscript submissions

31 December 2025



## International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 7.3  
Indexed in PubMed



[mdpi.com/si/226961](https://mdpi.com/si/226961)

*International Journal of  
Environmental Research and  
Public Health*

MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ijerph@mdpi.com](mailto:ijerph@mdpi.com)

[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)





# International Journal of Environmental Research and Public Health

---

an Open Access Journal  
by MDPI

---

CiteScore 7.3  
Indexed in PubMed



[mdpi.com/journal/  
ijerph](https://mdpi.com/journal/ijerph)



## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

---

### Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,  
Richard N. Dixon Research Center, Morgan State University, Baltimore,  
MD 21251, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

#### Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)