

## Special Issue

# SARS-CoV-2 Pandemic and Physical Activity

### Message from the Guest Editors

The SARS-CoV-2 pandemic in 2020 has had a major influence on the behavior of people across the world. Physical activity (PA) is an integral part of a well-established healthy lifestyle and as therapy for the prevention and treatment of chronic diseases. In the literature, the role of PA as a strong stimulus of immune function has been advocated. Facing this novel coronavirus pandemic, the World Health Organization (WHO), the Centers for Disease Control and Prevention, and other public health advisory organizations have encouraged individuals to initiate or continue regular PA to maintain physical fitness, mental health, and well-being if not contraindicated or restricted due to community security rules. However, the influence of the pandemic on physical activity and sports is likely to have direct physical, social, and psychological effects. Furthermore, PA itself has been shown to directly influence aspects of the immune system. To date, it remains unclear whether there are any influences of PA on COVID-19 and the current pandemic. The current Special Issue provides an opportunity to submit high-quality research focused on the effects of PA on COVID-19 and the related pandemic.

### Guest Editors

Dr. Alexander A. Hanke

Prof. Dr. Uwe Tegtbur

Prof. Dr. Arno Kerling

### Deadline for manuscript submissions

closed (30 June 2021)



## International Journal of Environmental Research and Public Health

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

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