

Special Issue

Physiotherapy and Exercise Rehabilitation to Cure Diseases and Improve Health

Message from the Guest Editors

Physiotherapy has become the option of choice for the treatment of many musculoskeletal disorders. Clinical guidelines reflect the crucial role of physiotherapy modalities and exercise in the treatment and rehabilitation of a wide range of health conditions: temporomandibular disorders, pelvic floor disorders, orthopedic conditions such as idiopathic scoliosis, vestibular rehabilitation, respiratory rehabilitation, strength and endurance rehabilitation in cardiovascular diseases, etc. Nonetheless, the development of minimally invasive techniques such as dry needling and electrolysis have created new approaches for the treatment of soft tissue pathologies, requiring specific research into this area to delimit appropriate indications and clinical patterns that could extract the most profit from them. For all the above, the present Special Issue aims to focus on the most up-to-date knowledge regarding the effects of physiotherapy and therapeutic exercise in the rehabilitation of musculoskeletal disorders. Contributions in this field that are of a high academic standard will be welcomed and considered.

Guest Editors

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Deadline for manuscript submissions

closed (16 October 2023)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/140808

*International Journal of
Environmental Research and
Public Health*
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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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