

## Special Issue

# Psychosocial and Environmental Factors of Multiple Health Behavior Change

### Message from the Guest Editors

Health behaviors have been demonstrated to have crucial impacts on our health. In the past decade, research on multiple health behavior change (MHBC) has raised increasing concerns, and interventions regarding MHBC have shown great potential in maximizing overall health outcomes. To gain a better understanding of MHBC and promote effective MHBC health programs, in this Special Issue, we aim to collect the latest developments in MHBC research, including the psychosocial and environmental determinants of MHBC, effective MHBC intervention and health promotion programs, impacts of MHBC on diverse health-related outcomes, and the implementation and dissemination of MHBC efforts among different populations. Topics of interest include but are not limited to: Correlates of multiple health behavior change (MHBC) and healthy lifestyles; Interventions regarding MHBC and healthy lifestyles (including study protocol); The application and validation of theoretical models of MHBC; Impacts of MHBC on diverse health outcomes; The implementation and dissemination of MHBC efforts; Policymaking and community campaigns promoting MHBC and healthy lifestyles.

### Guest Editors

Dr. Wei Liang  
Dr. Borui Shang  
Prof. Dr. Julien S. Baker

### Deadline for manuscript submissions

closed (31 May 2023)



## International Journal of Environmental Research and Public Health

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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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### Editor-in-Chief

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