

Special Issue

Psychological Distress among Different Groups of Women: Recommendations for Mental Health Promotion

Message from the Guest Editors

Psychological distress refers to a wide range of non-specific symptoms related to common mental-health problems such as anxiety, depression, and somatization. Many studies have found women to be more vulnerable than men to psychological distress. This Special Issue aims to shed light on studies examining psychological distress among different groups of women, with groupings based on factors such as cultural context, race/ethnicity, immigration, religious affiliation, minority status, socio-economic status, age, professional background, marital status, living with disabilities, and being a youth at risk, among others. The current issue welcomes quantitative and qualitative research related to risk and protective factors contributing to psychological distress among different groups of women. Special attention will be paid to the important recommendations for promoting mental health derived from the different studies. We also welcome research related to the evaluation of the efficacy of interventions designed to decrease psychological distress and promote well-being among women.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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