

## Special Issue

# Psychological Features, Music, and Well-Being: Theories and Applications

### Message from the Guest Editors

Music is a central element in human experience. It resonates differently in every person. People use music in everyday life, and, in each situation, it plays an essential role. Furthermore, music is a universal aspect of all human cultures. Indeed, social, psychological, and cultural events are often accompanied by music, and music modulates the emotional response to them. In the past decade, research into the study of the psychological aspects of the use of music and music preferences showed a substantial growth. Following this trend, this Special Issue will welcome papers that focus on the relationship between psychological features and the use of music. This call also addresses both music listening and music therapy. This second focus derives from the evidence that music listening can be seen as a central part of self-administered music therapy (active or rehabilitative) and can also be used by music therapists within different settings to inform and shape their work. The literature shows that music produces positive effects in either scenario. Original research, reviews, and case reports addressing these topics are invited to this Special Issue.

### Guest Editors

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### Deadline for manuscript submissions

closed (31 May 2022)



## International Journal of Environmental Research and Public Health

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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### Editor-in-Chief

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