

Special Issue

Prevention, Treatment and Rehabilitation of Musculoskeletal Disorders

Message from the Guest Editor

Musculoskeletal disorder is one of the most common problems encountered in our daily life, careers, sports and leisure activities. This is often accompanied by pain and dysfunction, which hinders daily activities and work ability, and incurs high costs related to sick leave and productivity in the industrial field. Musculoskeletal disorders are primarily non-specific and highly fluctuating in symptoms, and can develop chronically if left untreated. Furthermore, musculoskeletal disorder is not limited to damage only to the musculoskeletal system within our body, but can adversely affect various systems in the body. Bad posture, insufficient exercise, and chronic stress, which have been habitual for a long time, are one of the causes of this disease, and it is necessary to prevent or treat these factors in advance. Our point of view includes back pain, neck pain, various muscle problems in the limbs due to sports activities, sprains, work-related pain, and other non-specific muscle problems. Please suggest the proven effects of various prevention methods, treatments, and rehabilitation interventions to mediate symptoms of these diseases.

Guest Editor

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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