

## Special Issue

# Effect of Physical Activity, Sedentary, and Fitness on Cognitive Function and Well-Being

### Message from the Guest Editors

The focus has been recently placed on the relationship between physical activity, lifestyle and fitness on cognitive processes in different populations. Cognitive processes include mental processes that contribute to perception, memory, intelligence and action. The present Special Issue will accept original research and systematic reviews

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### Guest Editors

Dr. Manuel Moya-Ramon  
Prof. Dr. Eduardo M. Cervelló  
Dr. Diego Pastor

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### Deadline for manuscript submissions

closed (31 October 2023)



## International Journal of Environmental Research and Public Health

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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

Prof. Dr. Paul R. Ward

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