

Special Issue

Potential Health Benefits of Physical Activity in Older Population: The Latest Updates

Message from the Guest Editors

In the modern world, many countries are facing rapid population aging, which poses considerable challenges on the social, economic, and health systems. Under such circumstances, in parallel to establishing definitive treatments against COVID-19, identifying modifiable factors that contribute to maintaining and further improving health and the quality of life of older population is a priority.

This Special Issue aims to update the latest evidence relevant to the potential health benefits of physical activity in the older population, and calls for original articles, reviews, and brief communications particularly addressing the above-mentioned specifications of physical activity and/or mechanisms underlying its potential health benefits. Because of the broad nature of the topic, papers from multiple disciplines, such as epidemiological, biophysiological, psychological, and socioenvironmental studies, are expected to be submitted.

Guest Editors

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Deadline for manuscript submissions

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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