

Special Issue

Physical Activity for Public Health

Message from the Guest Editor

This special issue entitled, “Physical Activity for Public Health” will cover children and adult physical activity related research topics aligned with improving and promoting public health from the grassroots right through to the local level, regional level, national level and/or international level. While physical activity is recognised to have a global significant impact on the health and lifestyle of individuals it does play a role in the prevention and treatment of common metabolic diseases and disorders. This special issue will discuss some of the psychological consequences of the lack of physical activity as well as physiological and biomechanical physical activity indicators designed as assessment tools to improve our understanding of what constitutes a reasonable evaluation of one’s physical activity level and health status. Original research studies on topics that are qualitatively and quantitatively driven in subject areas such as sport and exercise science, human movement science, biomechanics, coaching science and sport development are encouraged.

Guest Editor

Dr. Ukadike Chris Ugbolue

School of Health and Life Sciences, University of the West of Scotland,
South Lanarkshire G72 0LH, Scotland, UK

Deadline for manuscript submissions

closed (30 April 2023)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/111342

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,
Australia

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)