

Special Issue

Physical Activity and Integrative Medicine in Health and Chronic Conditions

Message from the Guest Editor

This Special Issue entitled “Physical Activity and Integrative Medicine in Health and Chronic Conditions” aims to cover those studies related to physical activity as key factor when assessing and treating both chronic conditions and quality of life under an integrative medicine perspective. In this regard, the research is expected to increase knowledge in the relationship between different body systems such as physiological, neuroendocrine, immunological, psychological and social, as well as other key factors like lifestyle and nutrition. Manuscripts coming from all these aforementioned specialties are welcomed in this Special Issue.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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