

Special Issue

Physical Activity, Sedentary Behaviour, and Sleep in Children

Message from the Guest Editor

Movement behaviours, including physical activity, sedentary behaviour, and sleep, are associated with multiple physical, social, and cognitive outcomes in children. These behaviours are also interrelated and have combined effects on children's health and development. It is therefore important to understand how to best intervene to improve these behaviours to facilitate optimal health and development in children. This Special Issue aims to bring together high-quality, multi-disciplinary research papers focusing on physical activity, sedentary behaviour, and sleep in the early years, middle childhood, and adolescence. Specifically, interventions targeting individual or a combination of these behaviours in various settings (homes, childcare settings, schools, or communities), as well as studies examining prevalence, patterns, correlates, and associations with health and developmental outcomes, are suitable for consideration in this Special Issue. Research using a cross-cultural approach or focusing on children from low- and middle-income countries is especially welcome.

Guest Editor

Dr. Zhiguang Zhang
Faculty of Education, Beijing Normal University, Beijing 100875, China

Deadline for manuscript submissions

closed (25 March 2023)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/125873

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul R. Ward

School of Society and Culture, Adelaide University, Adelaide 5001,
Australia

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