

Special Issue

Physical Activity for Special Populations

Message from the Guest Editors

Special populations are exposed to a higher risk of being excluded from social participation and, in particular, from regular physical activity (PA) opportunities. It is noteworthy to mention that PA represents an outstanding occasion, both for social inclusion and for the promotion of health and well-being, which can prevent and control non-communicable diseases and, to a broader extent, reduce all-cause mortality. However, barriers to participation in PA may threaten the possibility of special populations to meet the current PA recommendations and prevent them from benefitting from positive health-related outcomes. Therefore, the promotion of PA in special populations is of utmost importance considering the economic burden of non-communicable diseases on national health-care systems. This Special Issue of the *International Journal of Environmental Research and Public Health* focuses on PA in special populations and, in particular, welcomes original research and reviews which offer insight into the amount and quality of PA, as well as novel interventions to increase the amount of PA or the quality of life in this population.

Guest Editors

Dr. Federico Quinzi

Department of Human Movement and Health Science, University of Rome "Foro Italico", 00135 Rome, Italy

Dr. Sbriccoli Paola

Department of Human Movement and Health Science, University of Rome Foro Italico, 00135 Rome, Italy

Deadline for manuscript submissions

closed (30 April 2023)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/119962

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou
RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)