

## Special Issue

# Diabetes and Obesity: Recent Reviews and Findings

### Message from the Guest Editors

Obesity is considered a pandemic in developing countries. Obesity is closely related to diabetes in all diagnoses. The promotion of a healthy lifestyle with effective strategies for the treatment of obesity and associated diseases, such as metabolic syndrome and/or type 2 diabetes, condition an increased risk of morbidity and mortality, an important healthcare and economic burden. Weight loss improves all metabolic disorders associated with overweight and obesity. This Special Issue reports essential reviews of the most recent findings in the last year of these pathologies and the relationship between them, establishing the current scientific knowledge of the diabetic diet, physical activity, lifestyle modification, prevention of diabetes, and diabetes treatments for obesity or weight loss. The Issue aims to provide effective tools to help alleviate the health consequences of obesity to reduce the risk of diabetes and cardiovascular disease and to improve quality of life and increase life expectancy.

### Guest Editors

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### Deadline for manuscript submissions

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## About the Journal

### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

*IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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### Editor-in-Chief

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