

Special Issue

Musculoskeletal Disorders, Physical Rehabilitation and Health

Message from the Guest Editors

Musculoskeletal disorders are very common, and their consequences make an important contribution to disability. The current lifestyle promotes a lack of movement associated to a wide range of related physical and psycho-social disorders. On the other hand, there are multiple pathologies that can affect muscles, bones, and joints in a primary or secondary way, either permanently or temporarily. The resulting economic burden is considerable, with a continuous rise as the population ages. Physical rehabilitation is a holistic approach with physical and psycho-social applications in people with acute and chronic conditions, such as musculoskeletal and neurological disorders, amputations, pelvic organ disorders, cardiorespiratory issues, cancer, disability pain and dysfunction, among others. The aim of this Special Issue is to explore all the aspects of the prevention, diagnosis and management of musculoskeletal disorders and physical rehabilitation processes through a multidisciplinary point of view.

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Deadline for manuscript submissions

closed (31 July 2022)



International Journal of Environmental Research and Public Health

an Open Access Journal
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CiteScore 8.5
Indexed in PubMed



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*International Journal of
Environmental Research and
Public Health*
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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

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