

Special Issue

Motor Competence in Children and Adolescents

Message from the Guest Editors

Motor competence is a growing area of research due to its positive association with a plethora of health and developmental-related outcomes. The development of motor competence is the foundation for lifelong engagement in physical activity and sport, and it is known that early life experiences are essential to build strong motor and neurodevelopmental trajectories and to adopt healthy lifestyles. This Special Issue on Motor Competence in Children and Adolescents is an opportunity to push forward scientific knowledge by addressing research gaps and by postulating future research questions aiming to improve our understanding of health, growth, and developmental-related associations and determinants of appropriate levels of motor competence.

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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