

## Special Issue

# Evidence-Based Relationship Factors in the Diagnosis and Treatment of Mood Disorders

### Message from the Guest Editors

Mood disorders are the most common types of mental disorders and one of the leading causes of disability worldwide. Psychotherapies are effective in producing behavioral and lifestyle changes essential to relapse prevention, long-term maintenance, and promoting positive function in people with mood disorders, yet there is still much to improve in our understanding, management, and treatment of mood disorders from a psychological perspective. An efficient assessment process is essential because it leads to more accurate diagnosis, better treatment matching, increased patient engagement, and enhanced outcomes. However, to be fully effective the evidence-based assessment should be 'humanized' because both diagnostic and psychotherapeutic processes take place inside the patient–clinician relationship. The latter's technical and relational parts are constantly and reciprocally interacting; and the relationship accounts for process and outcome variance in and of itself. Full Paper Submission Deadline: 30 June 2022

### Guest Editors

Dr. Alberto Stefana

Dr. Anna Van Meter

Prof. Dr. Eric A. Youngstrom

Prof. Dr. Eduard Vieta

### Deadline for manuscript submissions

closed (4 July 2023)



## International Journal of Environmental Research and Public Health

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Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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### Editor-in-Chief

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