

Special Issue

Maternal and Child Nutrition

Message from the Guest Editors

Maternal and child nutrition are crucial for health throughout the whole life cycle, as it influences not only the short-term health outcomes of women and children, but also lays the foundation for adult health.

Continuously improving maternal and child nutrition should be one of key targets in maternal and child health care. With the contemporary changes in society and the environment, there are new challenges in maternal and child nutrition. Therefore, novel strategies and updated studies for improving maternal and infant nutrition are urgently needed. In this Special Issue, original research articles are welcome. Potential topics include, but are not limited to: changes in the nutritional status of women and children in a new era; the effects of maternal nutrition status during pregnancy on short- and long-term health outcomes in the offspring; dietary nutrition, including dietary intakes, dietary patterns and dietary quality, and maternal and child health; nutritional interventions and strategies for pregnant women and children; maternal and child micronutrient status, and the associations between micronutrients status and pregnancy complications as well as birth outcomes.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

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