

Special Issue

From Stress and Burnout to Psychological Flexibility and Flourishing across the Health Professions

Message from the Guest Editors

The COVID-19 pandemic has disrupted the lives of millions of people and stressed the healthcare systems of most countries, negatively influencing the psychological wellbeing and functioning of health care professionals. The high rate of burnout among health care professionals is contributing towards many leaving clinical work, with a significant impact on health care experiences, the clinical education of future health professionals, and concerns about the world's health care workforce. Researchers, educators, and practitioners have been exploring ways to reduce or manage stress and burnout; increase resilience and wellbeing; and develop innovations in health care delivery practice and education that can address both the current and future wellbeing of our health professionals. This Special Issue is open to papers on subjects ranging from stress and burnout to psychological flexibility and flourishing, spanning all health professions and educational settings.

Guest Editors

Prof. Dr. Sandra Carr

Dr. Kelby Smith-Han

Dr. Kiah L. Evans

Deadline for manuscript submissions

closed (31 March 2023)



International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



mdpi.com/si/131038

*International Journal of
Environmental Research and
Public Health*
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ijerph@mdpi.com

[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)





International Journal of Environmental Research and Public Health

an Open Access Journal
by MDPI

CiteScore 8.5
Indexed in PubMed



[mdpi.com/journal/
ijerph](https://mdpi.com/journal/ijerph)



About the Journal

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

IJERPH provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality peer-reviewed journal.

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health Disparities Research and Innovation,
Richard N. Dixon Research Center, Morgan State University, Baltimore,
MD 21251, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPlus / SciFinder, and other databases.

Journal Rank:

CiteScore - Q1 (Public Health, Environmental and Occupational Health)