

Joint Special Issue

Innovations in Sport, Physical Activity and Exercise from Childhood to Older Adult

Message from the Guest Editors

Physical activity, exercise and sport represent major industries in developed countries. Sports facilities are increasingly popular; however, scientific knowledge on many issues related to physical activity and sport remains weak. This Special Issue aims to publish scientific articles related to the latest scientific evidence on physical activity, physical exercise and sport. We welcome the submission of contributions on the abovementioned topics in any of the following forms: reliability studies, validity studies, correlational studies, observational studies, study protocols, longitudinal studies, cross-sectional studies, case reports, qualitative studies, studies with discourse analysis, bibliometric reviews, narrative reviews, scoping reviews, systematic reviews, and meta-analyses.

Guest Editors

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