

## Special Issue

# Physical Activity Related to Adolescent Health and Well-Being

### Message from the Guest Editors

This Special Issue aims to provide an overview of the most recent advances in the field of adolescent well-being related to sports practice and its physical, behavioural, emotional and psychological repercussions. The aim of this Special Issue is therefore to contribute to the advancement of the factors that can intervene in the practice of sport, and therefore increase general well-being. Research related to the practice of physical activity in sport, from both health and psychological perspectives, has shown its positive effects; however, multiple factors and determinants can modulate the practice of physical activity. We cannot lose sight of the fact that adolescence is a critical period for the acquisition of behavioural patterns, including the practice of sport, which is why it is vitally important to analyse all the possible factors that could intervene. Numerous studies agree that the practice of sport has preventive and therapeutic benefits; therefore, it is necessary to continue working to control the variables that could intervene.

### Guest Editors

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### Deadline for manuscript submissions

closed (1 May 2023)



## International Journal of Environmental Research and Public Health

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### Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Scientific discoveries and advances in this research field play a critical role in providing a rational basis for informed decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards.

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